

# NATROX® Oxygen Wound Therapy – A breakthrough in the management of non-healing diabetic foot ulcers

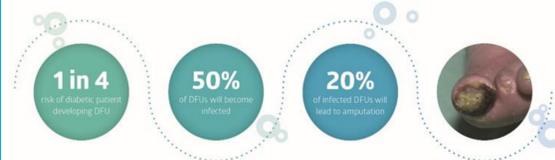
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## AIM:

To assess the efficacy of a innovative topical oxygen therapy device in patients with challenging non-healing diabetic foot ulcers (DFU).

## INTRODUCTION:

It is estimated that 422 million (8.5%) of the world's adult population has diabetes (WHO, 2016), and these patients have a one-in-four risk of developing a DFU over their lifetime (Armstrong et al, 2017). Around 50% of DFUs become infected, and in approximately 20% of these patients, infection will lead to amputation (Wu et al, 2007).



Patients with diabetes are twice as likely to have peripheral arterial disease (PAD) as those without diabetes (Wounds International, 2013). In the presence of a wound, PAD and diabetes will impact on the likely outcomes of wound treatment, including:

- Significantly lower probability of healing
- Longer healing times
- Higher probability of recurrence
- Higher probability of wound infection
- Greater risk minor and major amputations
- Potentially higher mortality (Armstrong et al, 2011)

An obvious way to improve clinical outcomes is to improve blood flow, however, many patients with DFUs are not good candidates for revascularisation surgery due to complications arising from comorbidities, late presentation, or chronic ischemia associated with irreversible tissue injury (Yu et al, 2016). Even if revascularisation is achieved wound healing can still be challenging.

Emerging evidence suggests that topical oxygen therapy may provide a novel solution. Clinical evidence generated so far, shows that NATROX had a positive effect upon healing in challenging and non-healing wounds:

- After 8 weeks of treatment in DFU, 30% of the control group healed, whilst 90% healed in the NATROX® arm (Yu et al, 2016)
- 57% DFUs and arterial ulcers healed after >25 days of NATROX® (Kaufman, 2018)
- 53% reduction after 8 weeks of NATROX®, with 7/10 DFUs on healing trajectory (Hayes et al, 2017)

## METHODOLOGY:

Case series involving 8 patients with non-healing diabetic foot ulcers despite good standard of care for a minimum of 2 months. Following all relevant consent patients deemed suitable were commenced on NATROX® Oxygen Wound Therapy device.

**NATROX®** is a small portable device about the size of a mobile phone. Its function is to generate concentrated oxygen at 13 mls per hour from the surrounding air, and deliver it down a thin flexible tube and through the ODS so it can be diffused evenly across the wound bed.

The systems consists of 3 main components:

**The NATROX® Oxygen Generator (OG)** (fig 1)

No ON/OFF switch; activation occurs when a fully charged battery is fitted. Flashing green light indicates oxygen is flowing.

**The NATROX® Battery** (fig 2)

2 batteries supplied, one is fitted to the NATROX® device whilst the other is left on continuous charge.

**The NATROX® Oxygen Delivery System (ODS)** (fig 3)

Sterile, single use oxygen delivery system.

Connects to the OG providing oxygen directly to the wound bed.



## Patient demographics:

All 8 patients commenced on NATROX® were male. Age of patients ranged from 48-81 years old with the average being 60.

### Ulcer Details at Onset

Ulcer Severity			
Level 1	Level 2	Level 3	Level 4
Superficial ulceration	Deeper Ulceration	Deep Ulcer with bone involvement	Gangrene/pervious amputation
0	0	4	4

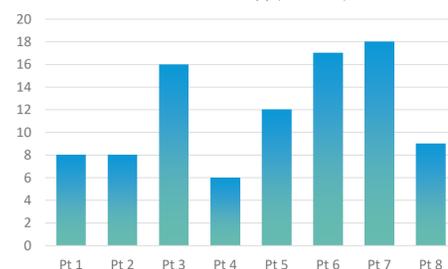
### Ulcer Duration

Pt 1	Pt 2	Pt 3	Pt 4	Pt 5	Pt 6	Pt 7	Pt 8
2 months	2 months	6 months	3 months	2 months	24 months	2 months	48 months

### Ulcer Size

Pt 1	Pt 2	Pt 3	Pt 4	Pt 5	Pt 6	Pt 7	Pt 8
7.5 cm x 3.5 cm	4.5 cm x 3.0 cm	9.0 cm x 6.0 cm	6.5 cm x 5.8 cm	8.0 cm x 3.0 cm	1.5 cm x 1.5 cm	6.0 cm x 3.0 cm	4.0 cm x 2.0 cm

### Duration of Therapy (in weeks)



### Final Outcome

Pt 1	Healed
Pt 2	Healed
Pt 3	95% reduction
Pt 4	Healed
Pt 5	Healed
Pt 6	Healed
Pt 7	Healed
Pt 8	Healed

## Individual patients before and after clinical photos



## RESULTS:

Of the 8 patients that utilised NATROX® Oxygen Wound Therapy 88% healed, 7 patients healed complete and 1 achieved a 95% reduction in wound size.

## CONCLUSION:

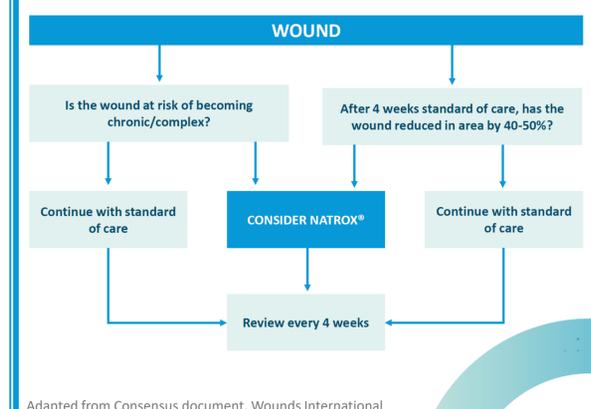
For this particular group of patients NATROX® was an extremely effective therapy option. Not only did it heal 88% of the wounds (that had been previously been deemed non healing), it was also relatively easy to adopt into everyday practice within our busy wound care clinic.

## DISCUSSION:

NATROX® Oxygen Wound Therapy is a simple and extremely easy therapy for patients to manage in the home care setting. The simple pictorial instructions for charging and changing the battery empowers patients to be active members of their care. The fact that the device is completely silent and 100% portable helps to ensure concordance during ongoing therapy and thus improves overall clinical outcomes.

NATROX® ability to manage and heal challenging and previously non-healing wounds offers not only clinical and patient benefits, but has the potential to offer health economic benefits as well. Healing wounds frees up resources, both from practitioners' time but also clinic time and wound dressings. Chronic wound management is a growing problem globally. An aging population couple with lifestyle choices which has seen obesity and type 2 diabetes reach epidemic levels are leading to significant increases in both the prevalence and incidence of chronic hard to heal wounds. NATROX® is an innovative product that warrants further research to assess its potential impact on proactively managing chronic wounds.

## Potential Treatment Pathway



Adapted from Consensus document, Wounds International

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